

## List of resources

### Internal

Resource	Description	Relevant contact information
O2 NSPCC Online Safety Helpline	<p>A <b>free</b> helpline, which can provide information or help with queries about any sites, apps, games or online safety in general.</p> <p><i>You do not have to be an O2 customer to use this resource.</i></p>	<p>0808 800 5002</p> <p><b>Opening times:</b>            Mon-Fri 9am-7pm            Weekends 10am-6pm            Bank Holidays 10am-4pm</p>
O2 online safety Guru	<p>NSPCC trained, online safety advisors, available in all stores around the UK. Gurus can help you set up parental controls such as privacy settings to any device.</p> <p><i>You do not have to be an O2 customer to use this resource.</i></p>	<p>Book an appointment in store:  <a href="http://guru.force.com/O2DeskStoreLocator">http://guru.force.com/O2DeskStoreLocator</a></p>
Net Aware	<p>Net Aware is the NSPCC and O2's guide to the most popular sites, apps and games that young people use. This is a great site for parents as well as anyone working with children.</p>	<p><a href="http://www.net-aware.org.uk">www.net-aware.org.uk</a>            Download the app for free on the App Store or Google Play.</p>
Net Aware news page	<p>A page of articles to help parents keep up to date with online safety developments, aside from the top 50 on Net Aware site. This includes new and emerging sites, apps, games and trends.</p>	<p><a href="https://net-aware.org.uk/news/">https://net-aware.org.uk/news/</a></p>
Online safety newsletter	<p>Be the first to hear about apps, sites and games, and how to keep your child safe online. We may also contact you about NSPCC news and ways in which you can support us.</p>	<p><a href="https://www.net-aware.org.uk/networks/">https://www.net-aware.org.uk/networks/</a>            Scroll to the green box at the bottom of the page</p>
Share Aware	<p>NSPCC and O2's campaign to help keep children safe online</p>	<p><a href="http://www.nspcc.org.uk/shareaware">www.nspcc.org.uk/shareaware</a>            Download the Family Agreement from this page</p>
Icebreaker email series	<p>A six week icebreaker email series - packed full of information, advice and activities to help bring you closer to your child's online world.</p>	<p><a href="https://nspcc.o2.co.uk/">https://nspcc.o2.co.uk/</a></p>
Online safety booklet	<p>A booklet highlighting NSPCC and O2's advice around keeping children safe online, with signposting to resources</p>	<p>Email Sophie Gold at <a href="mailto:sophie.gold@nspcc.org.uk">sophie.gold@nspcc.org.uk</a> if you would like to make an order – up to 200 only as these are quite costly for us to print.</p>

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NSPCC O2 online safety parent workshops	An hour-long interactive workshop with tips, tools and advice on how to keep your child safe online. Talking about online safety with your child doesn't need to be difficult –build your confidence to have those important conversations and learn where to go for help and advice.	If you're a school and interested in hosting a workshop for parents, please email <a href="mailto:schools@nspcc.org.uk">schools@nspcc.org.uk</a> to find out if they're available in your local area.  If you're a community group or local business, please email <a href="mailto:parentworkshops@nspcc.org.uk">parentworkshops@nspcc.org.uk</a> to find out if they're available in your area.	
NSPCC online safety pages	Online safety	General website page with online safety resources and advice	<a href="https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety">https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety</a>
	Talking to your child	Conversation starters to help parents start conversations with their children about their online world	<a href="https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/talking-your-child-staying-safe-online/">https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/talking-your-child-staying-safe-online/</a>
	Technology, Toys and the Internet	Top tips on how to keep children safe when using technology, toys and the internet, especially internet-connected toys	<a href="https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/technology-toys-and-the-internet/">https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/technology-toys-and-the-internet/</a>
	Parental controls	This page informs what parental controls are and how you can set up parental controls	<a href="https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/parental-controls/">https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/parental-controls/</a>
	Online games	Explains the risks of online gaming, how to decide what games are best for your child and ways to keep them safe.	<a href="https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/online-games-helping-children-play-safe/">https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/online-games-helping-children-play-safe/</a>
	Video chat, sharing and streaming apps	More information about video apps, the risks children face when using them and what parents can do to help keep children safe.	<a href="https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/video-chat-sharing-streaming/">https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/video-chat-sharing-streaming/</a>
	Sexting	Provides information on what sexting is, the risks and how to stay safe.	<a href="https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/sexting/">https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/sexting/</a>
Childline	Childline	The Childline website has information for children and young people about all sorts of issues, including keeping safe online. Young people can also contact Childline by phone or online chat for support from a counsellor.	0800 1111 <a href="http://www.childline.org.uk">www.childline.org.uk</a>
	Childline – Cyberbullying	This page has information on different types of bullying, what to do if the child themselves, or their friend is being bullied	<a href="https://www.childline.org.uk/info-advice/bullying-abuse-safety/types-bullying/online-bullying/">https://www.childline.org.uk/info-advice/bullying-abuse-safety/types-bullying/online-bullying/</a>
	Childline – Staying safe online	This page provides children with information on how to keep their devices safe, info about online communities and how to get help with cyberbullying	<a href="https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/staying-safe-online/">https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/staying-safe-online/</a>

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	Childline - YouTube Account	This YouTube account posts videos addressing specific topics	<a href="https://www.youtube.com/user/childline/videos">https://www.youtube.com/user/childline/videos</a>
	NSPCC helpline	Our NSPCC helpline is open 24 hours a day, 7 days a week. Our advisors are available to give support and advice to any adult who is worried about a child	0800 800 5000 <a href="http://www.nspcc.org.uk/help">www.nspcc.org.uk/help</a> <a href="mailto:help@nspcc.org.uk">help@nspcc.org.uk</a>

### External

Resource	Description	Relevant contact information
CEOP	Provides information for young people, parents and professionals including training and educational materials.  Children	<a href="http://www.thinkuknow.co.uk/parents">www.thinkuknow.co.uk/parents</a> <a href="http://www.ceop.police.uk/safety-centre">www.ceop.police.uk/safety-centre</a>
UK Safer Internet Centre	Offer teaching resources and information including tailored material for secondary school-aged children.	<a href="http://www.saferinternet.org">www.saferinternet.org</a>
Internet Matters	An online safety resource hub providing information for teachers to use with young people and parents.	<a href="http://www.internetmatters.org/schools-esafety/">www.internetmatters.org/schools-esafety/</a>
Internet Watch Foundation	You can anonymously and confidentially report: <ul style="list-style-type: none"> <li>- Child sexual abuse content</li> <li>- Non-photographic child sexual abuse images</li> </ul>	<a href="https://www.iwf.org.uk/#">https://www.iwf.org.uk/#</a>
	IWF and YOTI have created a process where if a child is under 18 and an explicit or nude image of them has been shared online, we can confidentially help them to get it removed.	<a href="https://contentreporting.childline.org.uk/">https://contentreporting.childline.org.uk/</a>
	An app which allows children to remove indecent images.	<a href="https://contentreporting.childline.org.uk/">https://contentreporting.childline.org.uk/</a>
PEGI website	Pan European Game Information This is a website which can tell you what age you have to be to play any game.	<a href="http://www.pegi.info/en/index/">http://www.pegi.info/en/index/</a>
Games Rating Authority	The VSC Rating Board is an Administrator of the PEGI age rating system which is used in over 30 countries throughout Europe.	<a href="http://gamesratingauthority.org/RatingBoard/">http://gamesratingauthority.org/RatingBoard/</a>